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NURTURING RELATIONSHIPS TO STRENGTHEN OUR NETWORK



(FROM LEFT) DAVID BIRNBAUM, DR. ROSENBERG, PIERRE ARCAND, GERRY SKLAVOUNOS AND ALAN MAISLIN AT A MEETING IN MID-JUNE.

As we have discovered over the past 16 months, strong relationships must be nurtured and sustained, in order for our healthcare and social services network to provide the best care for those who rely on us. All of us have had to establish links with a great many new colleagues in other facilities in CIUSSS Centre-Ouest, and we have gradually come to appreciate their particular skills, strengths and work habits, as well as the unique qualities of their institutions. It is these bridges that are helping us to develop a streamlined continuum of care throughout our network.

Less apparent, however, are the relationships that are continually being forged and enhanced with political leaders at every level. Since politicians often advise their constituents about health care and social services in their area, it is essential that they understand how CIUSSS Centre-Ouest is meeting the evolving needs of clients, residents and patients. In this sense, we and our political partners all share the goal of safeguarding the well-being of our population.

Over the past four months, I have had an opportunity to familiarize numerous politicians with the latest and most notable

features of CIUSSS Centre-Ouest. In May, I met with Senator Judith Seidman, and a month later, I welcomed Pierre Arcand, Minister of Energy and Natural Resources, and MNA for Mont-Royal; David Birnbaum, MNA for D'Arcy McGee; and Gerry Sklavounos, Deputy Government House Leader and MNA for Laurier-Dorion.

In July, we hosted three local mayors— Mitchell Brownstein of Côte Saint-Luc, Dr. William Steinberg of Hampstead and Beny Masella of Montreal West. Earlier this month, there were visits from Anthony Housefather, MP for Mount Royal; Russell Copeman, Mayor of Côte-des-Neiges–Notre-Dame-de-Grâce; Anie Samson, Mayor of Villeray–Saint-Michel–Parc Extension; Jacqueline Gremaud, Deputy Mayor of Outremont; and Lionel Perez, Councillor for Darlington in Côte-des-Neiges–NDG.

I am heartened by the interest that each of these individuals expressed in learning more about our network, the diverse roles of our member institutions, and our plans to keep improving the quality of health care and social services. Their ongoing support will be a crucial factor in enabling us to excel at what we do best.

LAWRENCE ROSENBERG, M.D., PH.D
PRESIDENT AND CEO

BRANDING UPDATE

In a continued effort to allocate budget in ways that will benefit user care and safety, measures to reduce printing costs have been put in place. Including:

- **Business cards** will not be available to order under the network's operational budget.

Tip: Social media tools such as LinkedIn are common platforms used by professionals to share contact information and work-related experiences which makes staying in touch with people easy!

- **Envelopes** (size #10) are ready to be ordered through the Purchasing Department.

- **Letterheads** will continue to be available online only.

For your convenience, they can be downloaded in PDF and Word format from the intranet by [clicking here](#).

Staff members are encouraged to send their files electronically, when possible.

Tip: To add additional pages to your Word document, click on "Insert", then "Blank Page".

Should you have any questions, please call the Purchasing Department at 514-484-7878, extension 2233.



Countdown to Accreditation

Weekly accreditation bulletins on Required Organizational Practices (ROP) can be found on the intranet. They contain important information to prepare you for the visit from the Accreditation Canada team in December 2016.

An ROP is defined as an essential practice that organizations must have in place to enhance user safety and minimize risk. On a weekly basis, one or more of the 36 ROPs of Accreditation Canada's Qmentum Program will be shared with you.

Reminder: the new Mission and Values and Code of Ethics for West-Central Montreal Health is available on the CIUSSS website and intranet sites.



The spirit of the Caribbean was alive at Saint Margaret's on Friday, July 22. The colours, music and especially the wonderful tastes and aromas delighted all who entered the building that day. Saint Margaret's *Milieu de Vie* committee truly outdid itself with its 2nd fundraising luncheon, serving up a delicious plate of jerk chicken, rice, peas, fried plantains and ginger beer or sorrel to drink. There was a wonderful mango ice cream for dessert as well - a real island feast!

The luncheon raised over \$550 towards *Milieu de Vie* projects (i.e. the recently initiated compassion carts (for times of family bereavement) and a mobile tuck shop (to be launched in the new year). The active *Milieu de Vie* Committee at Saint Margaret's is comprised of residents and staff from various departments including Therapeutic Recreation, Reception, Nursing, Dietary, as well as family representatives. A great time was had by all.



DRINK WATER AND CHEERS TO YOUR HEALTH!

There is nothing like a good, cold glass of fresh water!
Drinking water is a calorie-free way to stay hydrated and healthy. Because our bodies lose water by sweating, breathing and getting rid of waste, it needs to be replaced to avoid dehydration. Canada's Food Guide suggests drinking eight glasses of water or more daily, especially in hot weather.

DRINKING PLENTY OF WATER WILL:

- maintain your body temperature
- help break down ingested food so that your body can absorb more nutrients
- assist in eliminating waste and regulating bowel movements

It can be difficult to remember to drink sufficient amounts of water, but by making it your drink of choice with meals and carrying a water bottle with you as much as possible, you are sure to increase your daily intake. Try it for yourself!

There are many types of water to choose from, click here to read more from Longré and Associates.

You make the difference

Profiles of West-Central Montreal Health staff that go above and beyond the call of duty will be published in each edition of 360°. If you would like to nominate someone, please contact:

communications@jgh.mcgill.ca

Bryan Highbloom Retired Music Therapist, Jewish General Hospital



On June 17, Jewish General Hospital Music Therapist Bryan Highbloom retired from his position after more than 35 years of service. His last day of work coincided with the last day of the 2016 JGH Jazz Festival, which he founded 17 years ago. Bryan is well-known at the hospital and in the community for his use of music as a calming therapeutic tool for patients, taking requests for songs across all musical genres, and for his cheerful disposition.

As a testament to Bryan's dedication, Chantal Bellerose, Coordinator of Quality, Risk Management, Accreditation and Patient Experience, shared with us what his contributions to the Jewish General Hospital have meant to patients and staff.

"There are people that we work with every day that make the difference in our teams and who improve the work climate and patient experience. Bryan is such a person. During the years that he worked at the Jewish General Hospital he highlighted the human aspect of the services we provide. Bryan's famous saying 'What can I play for you and with you today?' allowed us to experience important moments in the lives of our patients, their families and our colleagues in a holistic context. His music united and calmed people, and brought out smiles and emotional memories.

Thank you Bryan for your great legacy and for the wonderful path for us to continue on!

Dr. Gerald Batist appointed Member of the Order of Canada and Knight of the National Order of Quebec



Congratulations to Dr. Gerald Batist, Deputy Director of the Lady Davis Institute and Director of the Segal Cancer Centre at the Jewish General Hospital, on the dual honours of being appointed a Member of the Order of Canada and a Knight of the National Order of Quebec.

For a long time, Dr. Batist has worn four hats simultaneously and with distinction: professor, researcher, clinical oncologist, and senior health care manager. He has earned an international reputation for conducting cancer research. He is a pioneer in the field of personalized medicine, ensuring that patients receive the precise therapies designed to treat their particular cancers. At the Segal Cancer Centre, he has championed care for the "whole person," which emphasizes optimal nutrition as well as psychosocial support, to go along with the best medical treatment. Dr. Batist is a co-founder of the Quebec Clinical Research Organization in Cancer (Q-CROC), which has for its mission ensuring that all Quebecers diagnosed with cancer have access to the best available care.

His appointment to the Order of Canada cites his "advances in applying personalized medicine to cancer treatment and his leadership in creating research networks in his field."

"Gerry has been an outstanding researcher and a truly exceptional leader of scientists. Not only has he built the Segal Cancer Centre into one of Canada's leading cancer research and cancer care institutions, he has led many national and international research groups whose overall impact on health care extends well beyond his own work. He has brought great honour to the the Lady Davis Institute, Jewish General Hospital, McGill, Quebec, and Canada," said Dr. Roderick McInnes, Director of the Lady Davis Institute.

CENTENARIAN CELEBRATION

MP for Mount Royal Anthony Housefather (left) wishes Jewish Eldercare Centre resident Menahem Benoliel (right) a happy 100th birthday. A centenarian celebration was held at Jewish Eldercare Centre for 9 residents ranging in age from 100 to 106 on July 27.



LA MAISON BLEUE, A MODEL OF SOCIAL INNOVATION FOR CHILDREN, MOTHERS AND FAMILIES IN VULNERABLE SITUATIONS, TURNS 10

La Maison Bleue enters its 10th year of existence this year and is still going strong, providing “a nest and wings” during and after pregnancy for women in vulnerable contexts, according to Amélie Sigouin, Executive Director and cofounder. A true social innovation, La Maison Bleue has developed an intervention model that combines the strengths of the health and social services network, represented by the Côte-des-Neiges Family Medicine Group (FMG) and the Integrated Health and Social Services University Network for West-Central Montreal (West-

Central Montreal Health), and those of an independent non-profit organization (NPO) rooted in the community and closely tied to community partners. This atypical model provides a continuum of free public services to families and to marginalized and isolated communities.

“By joining the strengths of the public healthcare network to that of La Maison Bleue, we are able to meet the complex social perinatal needs of future mothers, of children and of families,” says Amélie Sigouin.

“La Maison Bleue operates autonomously and ensures a flexibility in decision-making and action-taking that is necessary for our community-based practice.”

Given this success, the opening of a third centre is planned for the fall of 2016 in the Saint-Michel neighbourhood, in partnership with the CIUSSS de l’Est-de-l’Île-de-Montréal.

About **La Maison Bleue**

WEST-CENTRAL MONTREAL HEALTH

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